

## CICS WORKSHOP / PROGRAM VIA ZOOM

### Workshop/Program via Zoom for All

Date	Time	Topic	Audience	Language	Registration
2020-10-19	11:00 - 12:00	How to use Zoom for beginner	Korean Adults	Korean	Iona Seo, 647-999-6012, iona.seo@cicscanada.com; Sue Kim, 416-455-8531, sue.kim@cicscanada.com
2020-10-20	10:00 - 11:30	Senior Wellness and Weight Management - Weight Management & Healthy foods	New immigrant	Mandarin	Please call: 416-292-7510 ext. 101 or call Ms. Du: 416-677-2914
2020-10-20	10:00-11:00	Facts You Need To Know About Banking in Canada	New Immigrants & The Community	Mandarin	Please call: 416-292-7510 ext. 101 or call Ms. Zhang: 416-688-3594
2020-10-21	10:30 - 11:30	Queens Park & the Ontario Legislative Building Virtual Tour	New immigrant	Mandarin	Please call: 416-292-7510 ext. 101 or call Ms. Yang: 416-677-3152
2020-10-22	11:00 - 12:00	RBC-Human Resources Tips And Tricks Career Info Sessions	New immigrant	English	Please call: 437-353-7116 Orjeta.Ndrija@cicscanada.com
2020-10-22	14:00 - 15:00	Living in Ontario Session 4: Toronto Public Library	New immigrant	Mandarin	Please call: 416-292-7510 ext. 101 or 437-347-4971 (Daniel Gu)
2020-10-23	10:00 - 11:00	CICS Online Social Connection Hub	New immigrant	English	Please call: 437-353-7116 Orjeta.Ndrija@cicscanada.com

October 19 - November 1, 2020

## CICS WORKSHOP / PROGRAM VIA ZOOM

Date	Time	Topic	Audience	Language	Registration
2020-10-23	11:45 - 13:15	Job Search and Wellness Presentation to the S.O.A.R. Program participants	New immigrant	English	Please call: 416-292-7510 Ext 258 Or 647-454-3548(Alan Yim)
2020-10-23	17:30 - 19:00	Sponsorship of Parents and Grandparents	New Immigrants & The Community	English	Please call: 416-707-8259 zarmeena.khan@cicscanada.com
2020-10-26	12:00 - 14:00	Mental Health Awareness Day	New immigrant	English	Please call: 416-292-7510 Ext 258 Or 647-454-3548(Alan Yim)
2020-10-27	10:00 - 11:30	Senior Wellness and Weight Management - Weight Management & Exercises	New immigrant	Mandarin	Please call: 416-292-7510 ext. 101 or call Ms. Du: 416-677-2914
2020-10-30	10:00 - 11:00	CICS Online Social Connection Hub	New immigrant	English	Please call: 437-353-7116 Orjeta.Ndrija@cicscanada.com
2020-10-20 to 2020-10-22	13:00 - 15:30	York Region Welcome to Ontario Workshop	All	Cantonese	905-479-7926 or dilys.hung@welcomecentre.ca
Mondays	9:30 - 12:30	Garden Volunteer Club	Adults	English & Chinese	<a href="mailto:Eileen.Chen@cicscanada.com">Eileen.Chen@cicscanada.com</a>

October 19 - November 1, 2020

**CICS WORKSHOP / PROGRAM VIA ZOOM**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Audience</b>	<b>Language</b>	<b>Registration</b>
October	9:00 - 16:00	Welcome Centre 10th Anniversary Package	New clients (age 18 or above) who hold a PR Card/Landing Paper	Chinese English	905-479-7926

**Workshop/Program for Seniors**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Audience</b>	<b>Language</b>	<b>Registration</b>
2020-10-20	9:30 - 10:30	Sports, Dance and Chat Platform	Seniors 50+	Mandarin	905-479-7926 or dilys.hung@welcomecentre.ca
2020-10-21	14:00 - 15:30	Wise & Wonderful CICS Seniors Online Social Club	Seniors 55+	Mandarin	Please call: 416-292-7510 ext. 101 or Chris Wang: 647-454-3560
2020-10-22	10:00 - 11:30	Newcomer Senior Club - Oil painting art appreciation	Seniors 55+	Mandarin	905-479-7926 or shirley.lin@welcomecentre.ca
2020-10-23	14:00 - 15:00	English Literacy Hub	Senior 50+	English	905-479-7926 or dilys.hung@welcomecentre.ca

October 19 - November 1, 2020

CICS WORKSHOP / PROGRAM VIA ZOOM

Date	Time	Topic	Audience	Language	Registration
2020-10-27	9:30 - 10:30	Sports, Dance and Chat Platform	Seniors 50+	Mandarin	905-479-7926 or dilys.hung@welcomecentre.ca
2020-10-28	14:00 - 15:30	Wise & Wonderful CICS Seniors Online Social Club	Seniors 55+	Mandarin	Please call: 416-292-7510 ext. 101 or Chris Wang: 647-454-3560
2020-10-29	13:30 - 15:00	Newcomer Seniors Club- West Canada Tour	Seniors 55+	Mandarin	905-479-7926 or Shirley.lin@welcomecentre.ca
2020-10-30	14:00 - 15:00	English Literacy Hub	Senior 50+	English	905-479-7926 or dilys.hung@welcomecentre.ca
Any date	Anytime	<a href="#">Happy Baking Club</a>	Seniors & Adults	Mandarin	Sandy.Yang@cicscanada.com

October 19 - November 1, 2020

## CICS WORKSHOP / PROGRAM VIA ZOOM

Date	Time	Topic	Audience	Language	Registration
Any date	Anytime	Fitness Activities for Seniors	Seniors	Mandarin	No registration required. <a href="https://www.youtube.com/channel/UCuIU5i5Y4BNtRA-WXInCPFw">https://www.youtube.com/channel/UCuIU5i5Y4BNtRA-WXInCPFw</a>
Everyday	10:30 - 13:00	<a href="#">Meals Delivery Service for Seniors and Vulnerable Populations</a>	Seniors 65+ & vulnerable populations who live in York Region or Scarb N	English & Chinese	Call between 9:30am-noon, 1-4pm, Monday to Friday (416) 738-1226 English/Mandarin, (416) 400-5143 Cantonese <a href="https://forms.gle/5NsJ8JyXP3kDv5GZ9">https://forms.gle/5NsJ8JyXP3kDv5GZ9</a>

### Workshop/Program for Youth

Date	Time	Topic	Audience	Language	Registration
2020-10-19	16:00 - 17:00	The Art of Facilitation	Gr. 9 - 12	English	Contact Yao/Kayla for details
2020-10-19	16:00 - 17:00	El Mundo Espanol	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email <a href="mailto:infoIYC@cicscanada.com">infoIYC@cicscanada.com</a> (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-20	16:00 - 17:00	Science Matters!	Youth ages 13-24	English, Cantonese interpretation available	3 Ways to Register: (1) Call 647-456-1971 (2) Email <a href="mailto:infoIYC@cicscanada.com">infoIYC@cicscanada.com</a> (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-20	16:30 - 18:00	Psychology Crash Course	Gr. 7 & 12	English	Online: <a href="https://bit.ly/cics_pcc">bit.ly/cics_pcc</a>

October 19 - November 1, 2020

**CICS WORKSHOP / PROGRAM VIA ZOOM**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Audience</b>	<b>Language</b>	<b>Registration</b>
2020-10-20	17:30 - 18:30	Jump into Networking	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-21	16:00 - 17:00	Let's Talk: Daily Interaction Tips	Age 12 - 18	English	Online: <a href="https://bit.ly/cics_engtalk">bit.ly/cics_engtalk</a>
2020-10-21	16:00 - 17:00	Effective Communication Skills	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-21	16:00 - 17:30	Youth Advocacy Calendar	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-22	15:00 - 16:00	I Heart Social Media	Gr. 10 & up	English	<a href="mailto:yao.xiao@cicscanada.com">yao.xiao@cicscanada.com</a>
2020-10-22	16:00 - 17:00	Job Search Workshop - RBC	Age 13 - 25	English	Online: <a href="https://bit.ly/cics_jobsearch">bit.ly/cics_jobsearch</a>
2020-10-22	16:30 - 18:00	Banking on it!	Youth ages 13-24	English, Mandarin & Cantonese interpretation available	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-22	16:30 - 18:00	Virtual Homework Club	Youth Ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>

October 19 - November 1, 2020

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Date	Time	Topic	Audience	Language	Registration
2020-10-23	16:00 - 17:00	Virtual Hangout	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-23	16:00 - 17:30	Youth Services in the GTA	Age 13-24	English	Online: <a href="https://tinyurl.com/YouthGTA">tinyurl.com/YouthGTA</a>
2020-10-23	16:30 - 18:00	Post-Secondary: All "UNI" To Know (Guest Speaker: Humber College)	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-24	13:30 - 15:30	Post-Secondary Workshop Series	Youth	English	416-899-9839 or <a href="mailto:amanda.chi@welcomecentre.ca">amanda.chi@welcomecentre.ca</a>
2020-10-24	14:00 - 15:30	Post-Secondary: All "UNI" To Know (Guest Speaker: Seneca College)	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-26	16:00 - 17:00	El Mundo Espanol	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-27	16:00 - 17:00	Science Matters!	Youth ages 13-24	English, Cantonese interpretation available	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-27	17:30 - 18:30	Jump into Networking	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>

October 19 - November 1, 2020

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Date	Time	Topic	Audience	Language	Registration
2020-10-28	16:00 - 17:00	Effective Communication Skills	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-28	16:00 - 17:30	Youth Advocacy Calendar	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-29	16:00 - 17:00	Internet safety	Students	English	Svetlana Kravchenko 647-999-9385 svetlana.kravchenko@cicscanada.com
2020-10-29	16:30 - 18:00	Banking on it!	Youth ages 13-24	English, Mandarin & Cantonese interpretation available	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-29	16:30 - 18:00	Virtual Homework Club	Youth Ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-30	16:00 - 17:00	Virtual Hangout	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-30	16:30 - 18:00	Post-Secondary: All "UNI" To Know (Guest Speaker: York University)	Youth ages 13-24	English	3 Ways to Register: (1) Call 647-456-1971 (2) Email infoIYC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
2020-10-31	13:30 - 15:30	Post-Secondary Workshop Series	Youth	English	416-899-9839 or amanda.chi@welcomecentre.ca

October 19 - November 1, 2020



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2020-09-24 to 2020-11-26	16:30 - 18:00	Virtual Homework Club	Immigrant Youth aged 13-24	English	416-899-9839 or Amanda.chi@welcomecentre.ca
Any date	Anytime	DIY Reuseable Beeswax Wraps	Youth	English	Eileen.Chen@cicscanada.com <a href="https://www.youtube.com/watch?v=pFFi9Vr55Zs">https://www.youtube.com/watch?v=pFFi9Vr55Zs</a>
Any date	Anytime	An Introduction to Canada's Food Guide	Youth	English	Eileen.Chen@cicscanada.com <a href="https://www.youtube.com/watch?v=w3_iF37xbd4">https://www.youtube.com/watch?v=w3_iF37xbd4</a>
Any date	Anytime	Quick Recipes for Youth	Youth	English	Eileen.Chen@cicscanada.com <a href="https://www.youtube.com/playlist?list=PLfrv0njzTtcK8WnkzMLRScynjEo3fmuhi">https://www.youtube.com/playlist?list=PLfrv0njzTtcK8WnkzMLRScynjEo3fmuhi</a>
Starting 2020-08-31		Back to School Welcome Bags - Available for newly registered clients!	Youth ages 13-24		3 Ways to Register: (1) Call 647-456-1971 (2) Email info@YC@cicscanada.com (3) Google Form: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a>
Wednesdays	TBD	Garden Volunteer Club	Youth	English	<a href="mailto:Eileen.Chen@cicscanada.com">Eileen.Chen@cicscanada.com</a>

**Workshop/Program for Family, Children & Women**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Audience</b>	<b>Language</b>	<b>Registration</b>
2020-10-19	10:00 - 10:30	<a href="#">Jr. StudentSmart</a>	Children born in 2017 & their parents/caregivers	English	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>

October 19 - November 1, 2020

CICS WORKSHOP / PROGRAM VIA ZOOM

Date	Time	Topic	Audience	Language	Registration
2020-10-19	11:00 - 11:40	<a href="#">Tots Corner</a>	12-36 months old & their parents/caregivers	English	<a href="mailto:Iris.yang@cicscanada.com">Iris.yang@cicscanada.com</a>
2020-10-20	10:00 - 10:30	<a href="#">Jr. StudentSmart</a>	Children born in 2017 & their parents/caregivers	English	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-20	11:00 - 11:40	<a href="#">Music &amp; Creative Movement</a>	12-36 months old & their parents/caregivers	English	<a href="mailto:Shirley.wan@cicscanada.com">Shirley.wan@cicscanada.com</a>
2020-10-20	13:30 - 14:30	How to support your children to study at home	Parents	Mandarin	Jane Wu, 647-881-1043, <a href="mailto:jane.wu@cicscanada.com">jane.wu@cicscanada.com</a>
2020-10-20	14:30 - 16:30	Basic Cashier Training	Women	English	905-479-7926
2020-10-21	10:00 - 10:30	<a href="#">Jr. StudentSmart</a>	Children born in 2017 & their parents/caregivers	English	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-21	10:00 - 11:30	Newcomer Women Helping Group: Citizenship test studying Group	Women	Mandarin	647-213-3475 <a href="mailto:hong.xing@welcomecentre.ca">hong.xing@welcomecentre.ca</a>
2020-10-21	11:00 - 11:40	<a href="#">Family Together</a>	12-36 months old & their parents/caregivers	English	<a href="mailto:Iris.yang@cicscanada.com">Iris.yang@cicscanada.com</a>

October 19 - November 1, 2020

## CICS WORKSHOP / PROGRAM VIA ZOOM

Date	Time	Topic	Audience	Language	Registration
2020-10-21	13:00 - 14:00	Parents Language and Culture Support Group	Parents	Mandarin	Sophie Zhang, 647-888-1494, sophie.zhang@cicscanada.com
2020-10-21	16:30 - 18:00	What parents need to know about post-secondary education	Parents, Community members	English	Svetlana Kravchenko, 647-999-9385, svetlana.kravchenko@cicscanada.com
2020-10-22	10:00 - 10:30	<a href="#">Jr. StudentSmart</a>	Children born in 2017 & their parents/caregivers	English	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-22	11:00 - 11:40	<a href="#">Fun with Babies</a>	0-18 months old & their parents /caregivers	English	<a href="mailto:Shirley.wan@cicscanada.com">Shirley.wan@cicscanada.com</a>
2020-10-22	14:00 - 16:00	Women Empowerment Through Volunteering	Women	English	647-213-4658, Kula.Kulasegaram@welcomecentre.ca
2020-10-23	14:00 - 16:00	Continuing Education-what you need to know?	Parents/community members	English	Nidhi Gogia, 647-999-3106, nidhi.gogia@cicscanada.com; Nicole Babaran, 647-999-5340, nicole.babaran@cicscanada.com
2020-10-26	10:00 - 12:00	Newcomer Women - Anti Domestic Violence	Women	Mandarin	905-479-7926 or emmy.huang@welcomecentre.ca
2020-10-26	13:00 - 14:00	Job Search Strategies	Parents/community members	English	Faheze Hayes, 647-999-8623, Fahezej.hayes@cicscanada.com

October 19 - November 1, 2020

**CICS WORKSHOP / PROGRAM VIA ZOOM**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Audience</b>	<b>Language</b>	<b>Registration</b>
2020-10-27	13:30 - 14:30	Meet and Greet with newcomer parents	Parents	Mandarin	Jane Wu, 647-881-1043, jane.wu@cicscanada.com
2020-10-27	15:30 - 16:30	Family fun - drawing together	Parents and Children	Mandarin	Carol Ye, 647-999-6397, carol.ye@cicscanada.com
2020-10-28	10:00 - 11:30	Newcomer Women Helping Group: Citizenship test studying Group	Women	Mandarin	647-213-3475 hong.xing@welcomecentre.ca
2020-10-28	11:00 - 12:00	Specialized high school program	Korean parents	Korean	Iona Seo, 647-999-6012, iona.seo@cicscanada.com; Sue Kim, 416-455-8531, sue.kim@cicscanada.com
2020-10-29	14:00 - 16:00	Women Empowerment Through Volunteering	Women	English	647-213-4658, Kula.Kulasegaram@welcomecentre.ca
2020-10-30	10:00 - 12:00	Newcomer Women Helping Group	Women	Mandarin	647-213-3475 hong.xing@welcomecentre.ca
2020-09-24 to 2020-11-11	9:30 - 13:30	S.O.A.R. Office Administration Training Program	Women	English	647-213-3599 or carmen.zeng@cicscanada.com
2020-10-27 & 2020-10-29	10:00 - 12:00	Active Education Courses	Women	Mandarin	905-479-7926

October 19 - November 1, 2020

华咨处讲座/活动用Zoom meeting或微信的方式

网上讲座/活动

日期	时间	主题	对象	语言	登记
2020-10-19	11:00 - 12:00	Zoom初学者指南	韩语成年人	韩语	Iona Seo, 647-999-6012, iona.seo@cicscanada.com; Sue Kim, 416-455-8531, sue.kim@cicscanada.com
2020-10-20	10:00 - 11:00	加国银行体系面面观	新移民 & 社区	普通话	请致电 416-292-7510转101 或416-688-3594 (张小姐)
2020-10-20	10:00 - 11:30	乐晚晴, 长者学习坊: 银发族的身心健康与体重管理 - 适合减脂减重的健康美食	新移民	普通话	请致电 416-292-7510 转 101 或416-677-2914 杜小姐
2020-10-21	10:00 - 11:30	女王公园和安省立法大楼 云旅游	新移民	普通话	请致电 416-292-7510 Ext 101 或 416-677-3152(杨小姐)
2020-10-22	11:00 - 12:00	在银行界乘风破浪 的要诀与技巧	新移民	英语	请致电: 437-353-7116 Orjeta.Ndrija@cicscanada.com
2020-10-22	14:00 - 15:00	安居在安省系列讲座 第四讲: 带您走进图书馆	新移民	普通话	请致电416-292-7510 Ext 101, 顾先生: 437-347-4971
2020-10-23	10:00 - 11:00	华咨处云课堂之社会联系 小组	新移民	英语	请致电: 437-353-7116 Orjeta.Ndrija@cicscanada.com

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-23	11:45 - 13:15	找工与健康 (S.O.A.R.技能培训班的 讲座)	新移民	英语	请致电: 416-292-7510 Ext 258 或647-454-3548 (严先生)
2020-10-23	17:30 - 19:00	担保父母及祖父母团聚移 民	新移民 & 社区	英语	请致电: 416-707-8259 zarmeena.khan@cicscanada.com
2020-10-26	17:30 - 19:00	心理健康日	新移民	英语	请致电: 416-292-7510 Ext 258 或647-454-3548 (严先生)
2020-10	9:00 - 16:00	欢迎中心十周年大礼包	18岁或以上移民人士 (持枫叶卡或移民纸) 未曾接受过本中心服务	中文/英语	905-479-7926
2020-10- 20至2020-10- 22	13:00 - 15:30	约克区“安大略省欢迎您” 讲座	任何人士	粤语	905-479-7926 or dilys.hung@welcomecentre.ca
逢星期一	9:30 - 12:30	花园志愿者俱乐部	成年人	英/粤/國	<a href="mailto:Eileen.Chen@cicscanada.com">Eileen.Chen@cicscanada.com</a>

长者网上讲座/活动

日期	时间	主题	对象	语言	登记
2020-10-20	9:30 - 10:30	运动、跳舞及聊天平台	50岁以上人士	普通话	905-479-7926 or dilys.hung@welcomecentre.ca

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-21	14:00 - 15:30	华咨处耆乐云俱乐部	55岁 以上长者	普通话	请致电 416-292-7510 转 101 或王老师: 647-454-3560
2020-10-22	10:00 - 11:30	新移民长者俱乐部 - 油画艺术欣赏	55岁以上人士	普通话	905-479-7926 or shirley.lin@welcomecentre.ca
2020-10-23	14:00 - 15:00	英语练习室	50岁以上人士	英语	905-479-7926 or dilys.hung@welcomecentre.ca
2020-10-27	9:30 - 10:30	运动、跳舞及聊天平台	50岁以上人士	普通话	905-479-7926 or dilys.hung@welcomecentre.ca
2020-10-28	14:00 - 15:30	华咨处耆乐云俱乐部	55岁 以上长者	普通话	请致电 416-292-7510 转 101 或王老师: 647-454-3560
2020-10-29	13:30 - 15:00	新移民长者俱乐部 - 加西风情导游	55岁以上人士	普通话	905-479-7926 or Shirley.lin@welcomecentre.ca
2020-10-30	14:00 - 15:00	英语练习室	50岁以上人士	英语	905-479-7926 or dilys.hung@welcomecentre.ca
不限	不限	<a href="#">快乐烘焙俱乐部</a>	长者及成年人	普通话	Sandy.Yang@cicscanada.com
不限	不限	长者舒筋健体活动	长者	普通话	无需登记 <a href="https://www.youtube.com/channel/UCulU5i5Y4BNtRA-WXInCPFw">https://www.youtube.com/channel/UCulU5i5Y4BNtRA-WXInCPFw</a>

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
每天供应	10:30 - 13:00	<a href="#">为长者及弱势社群送餐服务</a>	约克区及士嘉堡北部、65岁以上长者及弱势社群	国/粤/英	于周一至周五, 上午9:30-12点或下午1-4点 致电 (416) 738-1226 或 (416) 400-5143 <a href="https://forms.gle/5NsJ8JyXP3kDv5GZ9">https://forms.gle/5NsJ8JyXP3kDv5GZ9</a>

青少年网上讲座/活动

日期	时间	主题	对象	语言	登记
2020-10-19	16:00 - 17:00	青少年讲师训练营	9-12年级学生	英语	Contact Yao/Kayla for details
2020-10-19	16:00 - 17:00	西班牙世界	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-20	16:00 - 17:00	科学实验班	13至24岁新移民青少年	英语 (提供广东话翻译)	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-20	16:30 - 18:00	心理学初级课程	7-12年级学生	英语	Online: <a href="https://bit.ly/cics_pcc">bit.ly/cics_pcc</a>
2020-10-20	17:30 - 18:30	就业社交小组	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-21	16:00 - 17:00	英语练习室: 扫清日常交流障碍	12-18岁青少年	英语	Online: <a href="https://bit.ly/cics_engtalk">bit.ly/cics_engtalk</a>

十月十九日至十一月一日



华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-21	16:00 - 17:00	有效沟通技巧	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-21	16:00 - 17:30	IYC年历设计	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-22	15:00 - 16:00	新媒体先锋	10年级以上学生	英语	<a href="mailto:yao.xiao@cicscanada.com">yao.xiao@cicscanada.com</a>
2020-10-22	16:00 - 17:00	求职工作坊-RBC	13-25岁青少年	英语	Online: <a href="https://bit.ly/cics_jobsearch">bit.ly/cics_jobsearch</a>
2020-10-22	16:30 - 18:00	银行入职须知	13至24岁新移民青少年	英语 (提供普通话和广东话翻译)	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-22	16:30 - 18:00	在线功课辅导小组	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-23	16:00 - 17:00	轻松群聊天地	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-23	16:00 - 17:30	GTA地区青少年服务	13-24岁青少年	英语	Online: <a href="https://tinyurl.com/YouthGTA">tinyurl.com/YouthGTA</a>

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-23	16:30 - 18:00	高等教育系列讲座: ALL-UNI-TO-KNOW (特邀嘉宾: Humber College)	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-24	14:00 - 15:30	高等教育系列讲座: ALL-UNI-TO-KNOW (特邀嘉宾: Seneca College)	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-26	16:00 - 17:00	西班牙世界	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-27	16:00 - 17:00	科学实验班	13至24岁新移民青少年	英语 (提供广东话翻译)	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-27	17:30 - 18:30	就业社交小组	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-28	16:00 - 17:00	IYC年历设计	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-28	16:00 - 17:00	有效沟通技巧	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-29	16:00 - 17:00	互联网安全	学生	英语	Svetlana Kravchenko, 647-999-9385, svetlana.kravchenko@cicscanada.com

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-29	16:30 - 18:00	银行入职须知	13至24岁新移民青少年	英语 (提供普通话和广东话翻译)	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-29	16:30 - 18:00	在线功课辅导小组	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-30	16:00 - 17:00	轻松群聊天地	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-10-30	16:30 - 18:00	高等教育系列讲座: ALL-UNI-TO-KNOW (特邀嘉宾: 约克大学)	13至24岁新移民青少年	英语	填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
2020-08-31起		从未在IYC注册过的13-24岁新移民青少年免费获赠欢迎礼包活动	13至24岁新移民青少年		填写网上报名表格: <a href="https://bit.ly/iyclive">https://bit.ly/iyclive</a> 。 如有问题及查询, 可发邮件至infoiyc@cicscanada.com或致电647-456-1971.
不限	不限	五分钟美食诱惑	青少年	英语	Eileen.Chen@cicscanada.com <a href="https://www.youtube.com/playlist?list=PLfrv0njzTtcK8WnkzMLRScynjEo3fmuhi">https://www.youtube.com/playlist?list=PLfrv0njzTtcK8WnkzMLRScynjEo3fmuhi</a>
不限	不限	自制蜂蜡环保包装	青少年	英语	Eileen.Chen@cicscanada.com <a href="https://www.youtube.com/watch?v=pFFi9Vr55Zs">https://www.youtube.com/watch?v=pFFi9Vr55Zs</a>
不限	不限	加拿大食品指南简介	青少年	英语	Eileen.Chen@cicscanada.com <a href="https://www.youtube.com/watch?v=w3_jF37xbD4">https://www.youtube.com/watch?v=w3_jF37xbD4</a>

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
星期三	待定	花园志愿者俱乐部	青少年	英语	<a href="mailto:Eileen.Chen@cicscanada.com">Eileen.Chen@cicscanada.com</a>

**幼儿, 家长及妇女网上讲座/活动**

日期	时间	主题	对象	语言	登记
2020-10-19	10:00 - 10:30	<a href="#">活泼好学生 (预备班)</a>	2017年出生儿童及其家长或照顾者	英语	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-19	11:00 - 11:40	<a href="#">Tot 仔排排坐</a>	12至36个月幼儿及其家长或照顾者	英语	<a href="mailto:Iris.yang@cicscanada.com">Iris.yang@cicscanada.com</a>
2020-10-20	10:00 - 10:30	<a href="#">活泼好学生 (预备班)</a>	2017年出生儿童及其家长或照顾者	英语	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-20	11:00 - 11:40	<a href="#">音乐律动</a>	12至36个月幼儿及其家长或照顾者	英语	<a href="mailto:Shirley.wan@cicscanada.com">Shirley.wan@cicscanada.com</a>
2020-10-20	13:30 - 14:30	如何更好地为孩子在家学习提供支持	家长	普通话	Jane Wu, 647-881-1043, <a href="mailto:jane.wu@cicscanada.com">jane.wu@cicscanada.com</a>
2020-10-20	14:30 - 16:30	基本收银训练	女士	英语	905-479-7926

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-21	10:00 - 10:30	<a href="#">活泼好学生 (预备班)</a>	2017年出生儿童及其家长或照顾者	英语	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-21	10:00 - 11:30	新移民女性互助小组: 入籍考试辅导班	女士	普通话	647-213-3475 hong.xing@welcomecentre.ca
2020-10-21	11:00 - 11:40	<a href="#">亲亲时间</a>	12至36个月幼儿及其家长或照顾者	英语	<a href="mailto:Iris.yang@cicscanada.com">Iris.yang@cicscanada.com</a>
2020-10-21	13:00 - 14:00	家长文化语言互助小组	家长	普通话	Sophie Zhang, 647-888-1494, sophie.zhang@cicscanada.com
2020-10-21	16:30 - 18:00	中学毕业后家长须知	家长/社区成员	英语	Svetlana Kravchenko, 647-999-9385, svetlana.kravchenko@cicscanada.com
2020-10-22	10:00 - 10:30	<a href="#">活泼好学生 (预备班)</a>	2017年出生儿童及其家长或照顾者	英语	<a href="mailto:Ruth.lee@cicscanada.com">Ruth.lee@cicscanada.com</a>
2020-10-22	11:00 - 11:40	<a href="#">宝宝乐</a>	0至18个月婴儿及其家长或照顾者	英语	<a href="mailto:Shirley.wan@cicscanada.com">Shirley.wan@cicscanada.com</a>

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-22	14:00 - 16:00	志愿者	女士	英语	647-213-4658, Kula.Kulasegaram@welcomecentre.ca
2020-10-23	10:00 - 12:00	"亲密之旅" 新移民女性互助小组	女士	普通话	647-213-3475 hong.xing@welcomecentre.ca
2020-10-23	14:00 - 16:00	继续教育 - 您需要了解什么	家长/社区成员	英语	Nidhi Gogia, 647-999-3106, nidhi.gogia@cicscanada.com; Nicole Babaran, 647-999-5340, nicole.babaran@cicscanada.com
2020-10-26	10:00 - 12:00	新移民女性- 反家庭暴力讲座 主讲人: 约克区警察局周 海宁警官	女士	普通话	905-479-7926 or emmy.huang@welcomecentre.ca
2020-10-26	13:00 - 14:00	求职策略	家长/社区成员	英语	Faheze Hayes, 647-999-8623, Fahezej.hayes@cicscanada.com
2020-10-27	13:30 - 14:30	欢迎新移民家长	家长	普通话	Jane Wu, 647-881-1043, jane.wu@cicscanada.com
2020-10-27	15:30 - 16:30	家庭乐 - 一起绘画	家长及其孩子	普通话	Carol Ye, 647-999-6397, carol.ye@cicscanada.com

十月十九日至十一月一日

华咨处讲座/活动用Zoom meeting或微信的方式

日期	时间	主题	对象	语言	登记
2020-10-28	10:00 - 11:30	新移民女性互助小组: 入籍考试辅导班	女士	普通话	647-213-3475 hong.xing@welcomecentre.ca
2020-10-28	11:00 - 12:00	安省高中课程	韩语家长	韩语	Iona Seo, 647-999-6012, iona.seo@cicscanada.com; Sue Kim, 416-455- 8531, sue.kim@cicscanada.com
2020-10-28	14:00 - 16:00	志愿者	女士	英语	647-213-4658, Kula.Kulasegaram@welcomecentre.ca
2020-10-30	10:00 - 12:00	"亲密之旅" 新移民女性互助小组	女士	普通话	647-213-3475 hong.xing@welcomecentre.ca
2020-09-24 to 2020-11-11	9:30 - 13:30	S.O.A.R.办公技能培训	女士	英语	647-213-3599 or carmen.zeng@cicscanada.com
2020-10-27 & 2020-10-29	10:00 - 12:00	3P积极教养课程	女士	普通话	905-479-7926

十月十九日至十一月一日