

Subject: Hunger Lives and Grows in Scarborough

Dear Community Members and Businesses

We hope you are managing well, as we all know that COVID19 has resulted in many changes in the way we operate and live our daily lives. We at the Centre for Immigrant and Community Services (CICS), continue to support and empower newcomers, recent immigrants, and low-income people experiencing social and economic hardship in these challenging times.

We have had to respond quickly to emerging COVID19 needs in our community. Due to the loss of income, household food insecurities have emerged as a critical and deepen need. It has been reported that **one in four people (25%) are not eating for an entire day**. In response to this condition, CICS is currently providing **2 days worth of emergency food to support 100 families (that's about 400 people per week)**. As the numbers keep increasing our weekly pantry food demands now exceed weekly food supplies.

To assist in our vital need we are currently looking for your support to procure **fruits, fresh vegetables, eggs and meats**. As a leader in our community, we hope you see this opportunity to support those affected. We would appreciate your support in our efforts to assist the less fortunate. We believe that working together with our community will strengthen community connections, create local strategies and solutions for local needs.

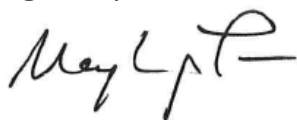
Lastly we are seeking corporate/business donors for annual sponsorship of an individual (\$250) and/or family (\$1000). Your sponsorship or contributions will ensure we can supplement weekly hampers with more fresh protein, fruits and vegetables. Our target is to raise **\$100 000** to enhance **100 household's** nutrition for a year. If you decide to sponsor or contribute to our food pantry, we would provide you with a tax receipt and celebrate your contribution with our community networks.

If you'd be like to sponsor or contribute, please make your sponsorship or contribution donation made payable to **Centre for Immigrants and Community Services (CICS)-Food Pantry**. You can also contact us at **647-465-3116**. If you'd like to learn more about our food pantry, please don't hesitate to contact us at Eileen.Chen@cicscanada.com. Our combined efforts will assist to feed those who are less fortunate.

Any contribution will be valuable and greatly appreciated.

Our heartfelt thanks!

Signed by



Moy Wong-Tam
Executive Director
Centre for Immigrant and Community Services

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尊敬的朋友和商家:

新冠 COVID19 疫情已改变我们生活的方方面面, 首先祝福您和家人在疫情中健康平安. 面对新挑战, 华谘处继续不懈为新移民和低收入人士提供支持和服务.

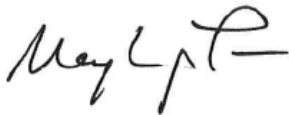
有些人和他们的家庭正面临收入减少的窘境, 甚至买食物的钱都受到影响, 眼见疫情造成的冲击, 我们必须社区中及时反应. 有统计指, **每四人中就有一人食物不够吃**. 目前华谘处对大约 100 个家庭提供一周两天的食物量, 相当于满足 400 人的需求. 但随着需求不断攀升, 我们渐感免费食物已不够分配.

为共体时艰, 恳请您慷慨解囊帮助我们采购额外**水果, 新鲜蔬菜, 鸡蛋和肉制品**. 尊敬的朋友和商家, 期盼您也能为受到影响的邻里做点什么. 先谢谢您和华谘处携手为受疫情影响的人们献出爱心. 我们相信透过合作, 邻里之间更能守望相助, 为社区需求找到解决之道.

我们特别期盼企业商家加入年度资助计划, 对个人一年资助 \$250 或资助一个家庭一年\$1,000. 您的爱心将确保华谘处发放的免费食物袋里有足够的新鲜蔬果和肉蛋奶. 我们的目标是募集 10 万元确保 100 个家庭一年的食物供应. 对于您的资助, 华谘处会开立收据用做报税, 并且也会将您的善心义举和其他社区机构分享.

请将您的支票抬头注明 **Centre for Immigrants and Community Services (CICS)-Food Pantry**. 您也可以致电 **647-465-3116** 谘询详情. 如果想知道更多华谘处免费食物供应的运作, 您可发电邮至 Eileen.Chen@cicscanada.com. 让我们携手共助受疫情冲击的朋友.

任何捐助华谘处都无限感恩!



Moy Wong-Tam 谭黄梅初
Executive Director 行政总监

Centre for Immigrant and Community Services 移民综合服务中心 (华谘处)