



# Your rights in the workplace

In partnership with:  
Chinese Canadian National Council for Social Justice (CCNC-SJ)

## Session 1

### Introduction to Systematic Racism in Canada

Gain an understanding of the historical roots of racism in Canada and reflect on your own identity in relation to power, privilege and oppression.

## Session 3

### Your Role in Combating Racism

Gain knowledge and practical skills to help you play a role in combating racism in the workplace and daily life.

## Session 2

### Impact of Racism in Employment

Understand the impacts of racism in the workplace and what your rights are under the Ontario Employment Standards Act.

## Session 4

### Strategies for Your Mental Wellbeing

Mental health is just like physical health that requires our constant monitoring and fostering



Tuesday and Thursday  
Sep. 20- 29, 2022



7:00pm - 8:30pm



ZOOM Virtual Meeting

More info: [Orjeta.Ndrija@cicscanada.com](mailto:Orjeta.Ndrija@cicscanada.com)

Registration: 416-292-7510 ext. 0