

2021 / 2022

CICS VOLUNTEER RECOGNITION EVENT

































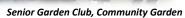












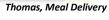






Teresa, Food Bank









OTHER

ELECTED VOLUNTEERS FROM EACH PROGRAM



The Board

Berta Zaccardi
Julie Scott
Jeremy Mullin
William Chu Kwan
Glendy Sze
Hisham Ghostine
Joshua Chan
Irene Guo

Immigrant Youth Center Unit

Diluxykaa Puvanenthirakumar Katrina Jin Deekshitha Kannan SaiYu Cici Lu Jessica Zhang WenJia Kelly Wang Michelle Zhang



LINC Toronto Unit

Sadaf Aghaei

Settlement and Integration Services Unit

Catherine Zhou
Jujian Zou
James Zhang
YiChen Di
ZhuoRan Jillian Feng
YuTong Jessie Cao
Atisa Wang
XueTong Tonia Hong
Jolene Li
YiDan Liu
WeiLin Wendy Li
WeiJun Chris Li



PingKay Tom Cheung KitOi Kitty Chu **Asaad Al Salman Ernie Aleong KingFung Aeda Ho ManKam Ho VaiYeng Kitty Tong Chan LaiKing Wong Tony Shum** WingChuen Roger Yu **Steven Guo MoXiang Li** YaXiu Lei DongMei Liu **Qun Lily Li Raymark Bancolita** ShuYa Joshua Lin LiHui Chen **WuLiang Weng** GiaLam La **QuyHung Luu** KwokWah Kevin Leung **Hui Zhang** YuYun Li **Vathana Nitharsan** Jie Wang **ChunOn Patrick Chiu XiaoTing Gong**



LINC Markham Unit:

Calina Han

York Region Settlement Unit

Peter Vale Margaret Yee



Mental Health Unit

Sandy Lin Angela Madina Qoraishi

Markham South Welcome Centre Unit

Jun Lisa Fan







MESSAGES FROM OUR VOLUNTEERS



"I joined CICS at the beginning of 9th grade. At first, I did not know what CICS was (nor stand for) because I was just here for the volunteer hours. However, after interacting with my CICS peers, I've developed a strong passion for helping immigrants and people in general. I had a lot of different volunteer experiences such as translating blurbs, making English workshops, tutoring, and more. This is my third year here at CICS and I am loving it!"

---- from Zailey, SIS

"Thank you and much appreciated that CICS have presented me the Volunteer Certificate. I have been volunteering at CICS since May 2020 in food bank program and also primary health program. I am happy and continue looking forward to contribute my time and effort to volunteer with the crew like you all who are friendly and very supportive to the needed people."

---- from Lucy, Food Bank

"I like to take this opportunity to thank all our Tai Chi class volunteers, they all came a long way, all of them been with us for over 20 years. without their tireless efforts and dedication, our Tai Chi class will not have survived after the pandemic. for these I truly feel thankful. I also like to thank our students who are so eager and enthusiastic in coming to practice Tai Chi. During the pandemic, I constantly received phone calls asking for the reopening date. Really happy to see everyone coming back after the pandemic with good health and energy. Although we are all seniors now, I always believe that 'we are old, but we are not out' I am sure everyone will gain health benefits and positive outcomes in practicing Tai Chi."

---- from **7**om, Tai Chi

"My experience working with CICS was amazing. I volunteered at two of their locations (Markham and Scarborough). Some of the programs I've joined are food bank, tutoring younger kids, and many more. They have helped me build a stronger relationship with my community and I've learned to interact with people that are in different age groups. I've experienced the different culture and traditions with them. I value the opportunity I got working with CICS very much."

---- from Lala, Food Bank & IYC

"I consider Tai Chi a pattern of perfection, refinement, beauty and clarity of mind, which helps the practitioner to focus, calm down and maintain a healthy lifestyle. I am honored and proud to keep up with and pass on the discipline I have learned from my honorable teachers and masters to the lovers of this inspiring style throughout my humble contribution in volunteering activity at your Tai Chi program."

---- from Asaad, Tai Chi

"I really enjoy my 8 years of volunteering in the CICS Mentorship Program. It provides me an opportunity to introduce Canadian work culture to new immigrants of different backgrounds. Helping them with their resume and job interview skills also keep me up-to-date with the current job market. It is very satisfying to see someone landing on his/her first Canadian fulltime job!"

---- from Lucilla, LINC Markham

"It was pleasure to work with CICS for the mural project, this experience gives me peace of mind, happiness and quality time that I spent with your community. I loved and enjoyed the experience while I was working on my Mural project. I met a lot of amazing people who supported me throughout my journey, like you and many others. From this experience, I felt that I was able to pay back all the good things that Canada offered for me and my family. Thank you."

---- from Mirna, Garden

"My sister, who was a student in CICS postnatal training program, introduced me to volunteer in the food bank program in March 2021. I must say the work team is very friendly and supportive. I was deeply touched by what CICS Food Program has been providing the service in the community. Recently I became a monthly donor to the program. I am very glad to be of use to others!"

---- from **Littui**, Food Bank

"CICS is an asset to our community. As a volunteer, I am interacting with staff, clients, and other volunteers in a welcoming atmosphere was rewording. I introduced my husband to take volunteering activities at CICS in different programs and event as well who also found joyfulness as I do."

---- from EnHuan, Early Year

"It means a lot to me when I saw joy on people faces that are serviced by CICS Food Bank program. That moment makes me felt proud of myself because it tells me I am able to contribute in my own little way in the community!"

---- from Shong Bing, Food Bank