

It's time to join....

# The CICS Community Garden Club!



Are you interested in ...

- Hands-on learning about gardening
- Increasing your knowledge about food & nutrition
- Enjoying a weekly harvest of vegetables
- Increasing availability of fresh vegetables & herbs in your community

**-Join Now!-**

**When: Every Tuesday 10:00 a.m. –12:00 p.m. on a weekly basis**  
Starting May 2nd—September 26th, 2017

**Where: CICS Community Garden, 2330 Midland Ave., Scarborough**

**Who: For Adults and Seniors**

**If you are interested in volunteering:**

Call Hilda at 416-292-7510 ext. 106

or Email [Hilda.Nouri@cicscanada.com](mailto:Hilda.Nouri@cicscanada.com)

Also, visit our website: <http://www.cicscanada.com>

